



Urinary Tract Infection

What is a UTI?

In the United States, urinary tract infections account for more than 7 million visits to doctors' offices and hospitals each year. Nearly 40% of all women will experience the pain and discomfort of a urinary tract infection or UTI in their life. While these infections can affect both men and women of all ages, they are most commonly found in young women. A UTI is a bacterial infection that occurs when bacteria invade and multiply throughout the urinary track system whether the kidneys, ureters, bladder, or urethra. While the majority of urinary tract infections are not serious, they often cause severe symptoms such as pain and/or burning upon urination. If you believe you have contracted a UTI, come see us at MainStreet Family Urgent Care for the right antibiotics so you can start feeling better FAST!

What Causes a UTI?

The most common cause of a UTI is when bacteria from the gastrointestinal tract are transferred to the reproductive system through sexual intercourse or poor hygiene. Once these bacteria enter the urethra, they travel upward, causing infection in the bladder and sometimes other parts of the urinary tract.

Symptoms to Look For

UTI's may cause different symptoms depending on where the infection is located, while some cases may present no symptoms at all. However the most commonly associated symptoms include:

- Bladder cystitis: Inflammation and irritation of the lining of the urethra and bladder

- Pain or a burning sensation during urination
- A strong urge to urinate
- Cloudy, bad-smelling, or bloody urine
- Lower abdominal pain or pelvic pressure
- Mild fever (less than 101 F), chills and fatigue

When Should I Come to MainStreet Family Urgent Care?

Any adult or child who develops any of the symptoms of a urinary tract infection needs to be evaluated by a medical professional, preferably within 24 hours.

**If you think you are suffering from a UTI,
stop by MainStreet Family Urgent Care!**

Open 7 days a week and no appointment necessary!